



Get real help for real-life challenges

Your benefits include free, 24/7 access to trained experts who help you navigate everyday issues that take time and energy—no matter how big or small they are.

Need help finding child care or senior care? Not sure where to start with Medicare, or finding help with home maintenance? Care Specialists point you to the right resources and providers.

- Parenting support
- Emotional wellness
- House care
- Aging & adult care
- Disability & neurodiversity
- Legal & financial resources



Frequently asked questions

care.com/faq



Enroll or log in to learn more
care.com/yourbenefits