

Care Specialists

Life happens, we're here to help

Aging parent need help? Moving?
Kid going to college? Our highly
qualified Care Specialists offer
24/7, 1-on-1 advice and coaching for
daily distractions through major life
changes. Get expert advice, vetted
provider options, and concrete
action plans to empower decisions
and save time and stress.



How It Works

- 1** Submit your request online, through the app, or by calling 866-814-1638.
- 2** Select the topic for which you want to request Care Specialist assistance.
- 3** We'll match you to a Care Specialist to get the guidance and support you need.

“This service makes it extremely easy for me: a working mother and wife. *Thank you for simplifying my “to do” list and reducing my stress levels.*”

— Care Specialist Client



**97% customer
satisfaction**

score with their specialists

Enroll or login to submit a request today
www.care.com/yourbenefits

