



# RAKUTEN

## Well-being Incentives

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**Rakuten**

# Aetna Health Your Way – Achieve Program

Employees and any adult member enrolled in one of Rakuten’s Aetna medical plans will have access to the new Aetna Health Your Way – Achieve Program. This is available through the Aetna dashboard.

Adult members can earn up to **\$100 a year in gift cards** by completing simple, fun and engaging activities. This includes employees, spouses and adult dependent children 18+ on the health plan.

Aetna members can earn rewards for activities including:

- Completion of well-being assessment (HRA)
- Participation in Mental health check-in via Aetna Health Your Way Platform
- Participation in weekly challenges
- Getting preventive screenings (e.g., Well Adult Exam, Routine and Diagnostic Mammogram)
- Immunizations (e.g., Flu shot)
- Neighborhood well-being (e.g., weight management visit, smoking cessation visit)



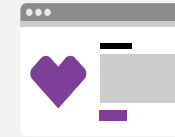
Health assessment



Easily Access Health Data



Digital Coaching Support



Health Education Resources



Adventure Challenges



Holistic approach



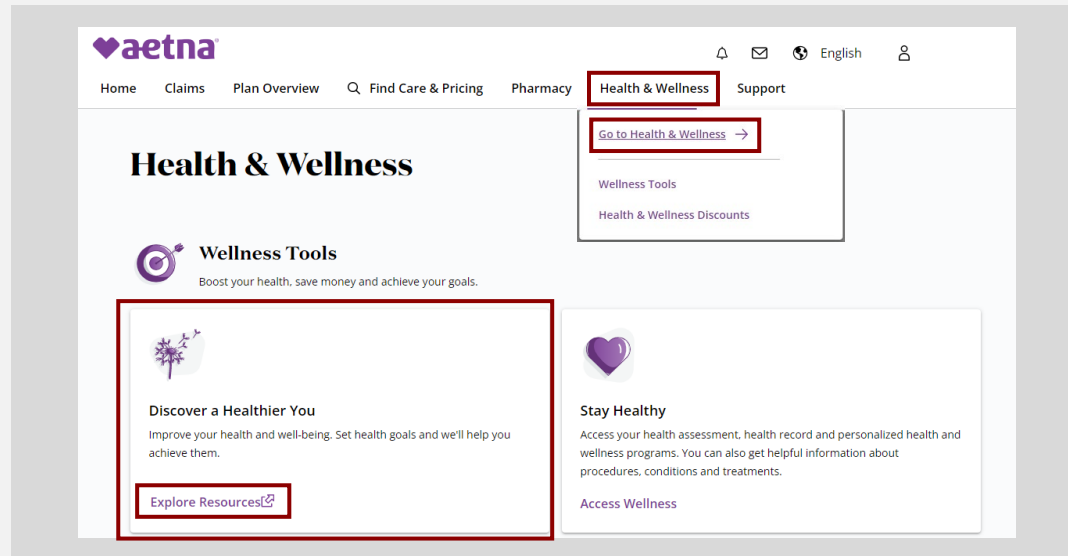
Incentives



Apps & devices

# Aetna Health Your Way – Achieve Program

Log into your Aetna member portal at [www.aetna.com](http://www.aetna.com). On your member portal homepage, hover over **Health & Wellness** in the top tile and click on **Go to Health & Wellness**. On the **Health & Wellness** page, click on **Explore Resources** in the **Discover a Healthier You** card.





# Personify Health

Through Personify Health, Rakuten employees who complete a preventive care exam/screening are eligible to receive a **\$100 credit** to the Personify Health marketplace! You will need to be registered with Personify Health's portal to receive the credit.

For **Aetna members**, Personify Health will automatically credit your account within two months of receiving your preventive exam.

For **Kaiser members**, you will need to complete the preventive screening attestation form which can be found [here](#). Once completed, you can email the document to [rakutenbenefits@alliant.com](mailto:rakutenbenefits@alliant.com). You will be credited with your reward within one month of returning the completed attestation form.



# The Hartford Critical Illness Plan

Employees who are enrolled in the Critical Illness plan through The Hartford are eligible to receive a **\$100 reward** for receiving an eligible health screening.

A list of eligible health screenings can be found [here](#).

After receiving your health screening, you can submit a claim via phone or online portal to claim your reward.

## To file a claim by phone:

- Call (866) 547-4205 (Available M-F, 8:00am-6:00pm ET)

## To file a claim online:

- Log into your [TheHartford.com/benefits/myclaim](https://TheHartford.com/benefits/myclaim) portal
- Click on **Complete Your Claim Form Online** under the quick links section
- Follow the prompts to complete and submit a **Health Screening Benefit Claim**

